

NIDHI HOSPITAL HEALTH CHECK UPS



Stadium Commerce College Road, Navrangpura, Ahmedabad 380 009.

- © 079-4023 21 21 (30 lines), 079-2642 66 31, 2642 66 51
- nidhihospital2011@gmail.com
- www.nidhihospital.org



"Adding Health to Life"

Dear Friends,

The World Health Organization (WHO) defined health in its broader sense in 1946 as "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity."



Our body is a complex system working continuously like a machine. And its our responsibility to take care of it. Thanks to the advancements of modern medicine, people around

the world are living much longer lives. And now the goal of medicine is not just to improve the longevity of life but its quality as well.

Just like investing in a retirement fund, it is extremely important to invest in your health today in order to enjoy a healthy and productive life in your later years. Of course, unexpected circumstances are part of life and often unavoidable. Sometimes sudden accidents and illnesses can hamper our ambitions and seriously reduce our quality of life. For this reason, it is extremely important for us to do everything in our means to mitigate the risks of the unknown.

By educating ourselves as much as we can about our health and taking the proper measures to take care of our bodies, we can greatly increase our chances of avoiding or at least correcting and managing health problems as soon as they begin to surface.

Nidhi Hospital likes to prevent and cure health problems and promote good health in Community by its motto of **"Adding Health to life"**

Health Check-ups are extremely important. It helps you find out if you have a particular disease or condition even if you feel perfectly well, without any symptoms and/or signs of disease. Early detection, followed by treatment and good control of the condition can result in better outcomes, and lowers the risk of serious complications. It is therefore important to get yourself screened even if you feel perfectly healthy.

Health check-ups or health screening involves the use of tests, physical examinations or other procedures to detect disease early in people who look or feel well. This is different from diagnostic tests which are done when someone is already showing signs and/or symptoms of a disease.

Therefore, by investing today in tomorrow, we can transform the unknown and unexpected into the known and managed.

Moving a step ahead for a healthy life, Nidhi Hospital presents variety of Health check plans at affordable rates.

Prof.Dr.Sunil D. Popat Medical Director

www.nidhihospital.org

2

The greatest wealth is health



NIDHI BASIC

2000/-

- > CBC
- ➢ FBS & PPBS
- ➢ LIPID PROFILE
- > S. CREATININE
- ➢ SGPT

- ➤ TSH, S.CALCIUM
- ➢ USG ABDOMEN & PELVIS
- ➢ ECG, X-RAY CHEST PA
- > PHYSICIAN CONSULTATION
- > DIETICIAN CONSULTATION



NIDHI CARDIAC

2500/-

- ≻ CBC
- ≻ ESR
- ≻ FBS
- > LIPID PROFILE
- ≻ ECG
- ≻ TMT

- > 2D Echo
- > X-RAY CHEST PA
- PHYSICIAN CONSULTATION
- DIETICIAN CONSULTATION



2500/-NIDHI DIABETIC

- ➢ FBS & PPBS
- ➤ HB A1c
- ➢ URINE FOR MICRO ALBUMIN
- ➢ S. CREATININE
- > X-RAY CHEST PA
- > S.LIPID PROFILE
- > USG ABDOMEN & PELVIS
- > PHYSICIAN CONSULTATION
- > OPHTHALMIC CONSULTATION
- DIETICIAN CONSULTATION
- ➤ C-PEPTIDE



www.nidhihospital.org

NIDHI WELL WOMAN 3000/-

- > CBC
- FBS & PPBS
- LIPID PROFILE
- LIVER PROFILE
- > S.CALCIUM
- PAP SMEAR, TSH

- > ECG
- > X-RAY CHEST PA
- ➢ USG ABDOMEN & PELVIS
- > PHYSICIAN CONSULTATION
- GYNAECOLOGIST CONSULTATION
- DIETICIAN CONSULTATION



NIDHI EXECUTIVE WOMAN 4500/-

- ≻ CBC

- S.CALCIUM
- ➢ USG ABDOMEN

► TSH

- ➢ FBS & PPBS ➢ ECG, TMT, X-RAY CHEST PA
- > LIPID PROFILE > PHYSICIAN CONSULTATION
- ➢ KIDNEY PROFILE ➢ SURGEON CONSULTATION
- > LIVER PROFILE > GYNAECOLOGIST CONSULTATION
 - DIETICIAN CONSULTATION



NIDHI EXECUTIVE MAN 4500/-

- ➢ CBC
- FBS & PPBS
- > LIPID PROFILE
- KIDNEY PROFILE
- > LIVER PROFILE
- > S.CALCIUM

- > TSH. PSA
- ➢ ECG, TMT, X-RAY CHEST PA
- > PHYSICIAN CONSULTATION
- SURGEON CONSULTATION
- DIETICIAN CONSULTATION
 - USG ABDOMEN



4

Love yourself enough to live a healthy life style

NIDHI PRE EMPLOYMENT FEMALE 4500

- > CBC
- ► FSR
- ➤ FBS
- > LIVER PROFILE
- ➢ KIDNEY PROFILE
- ➢ URINE ANALYSIS
- ➤ TSH
- > BLOOD GROUP
- > INFECTIOUS DISEASE

- ➤ ECG
- ➢ USG ABDOMEN & PELVIS
- > X-RAY CHEST PA
- > PHYSICIAN CONSULTATION
- > OPHTHALMIC CONSULTATION
- ➢ GYNAECOLOGIST CONSULTATION
- DIETICIAN CONSULTATION
- ENT CONSULTATION



NIDHI PRE EMPLOYMENT MALE 4500

- ➢ CBC WITH ESR
- ➤ FBS
- LIVER PROFILE
- KIDNEY PROFILE
- URINE ANALYSIS
- > TSH
- > BLOOD GROUP
- > INFECTIOUS DISEASE

- ➤ ECG
- > USG ABDOMEN & PELVIS
- > X-RAY CHEST PA
- PHYSICIAN CONSULTATION
- > SURGEON CONSULTATION
- OPHTHALMIC CONSULTATION
- DIETICIAN CONSULTATION
- > ENT CONSULTATION



NIDHI SENIOR CITIZEN MAN 4500/-

- ≻ CBC

- LIVER PROFILE
- ► S.CALCIUM
- ≻ TSH , PSA
- ➢ PFT, ECG
- > X-RAY CHEST PA
- > KIDNEY PROFILE > USG ABDOMEN & PELVIS
 - PHYSICIAN CONSULTATION
 - SURGEON CONSULTATION
 - ORTHOPEDIC SURGEON CONSULTATION
 - DIETICIAN CONSULTATION

NIDHI SENIOR CITIZEN WOMAN 4500

- ≻ CBC
- ➢ FBS & PPBS
- ➢ KIDNEY PROFILE
- ➢ LIVER PROFILE
- > S.CALCIUM
- ➤ TSH
- ➢ PFT, ECG

- > X-RAY CHEST PA
- ➢ USG ABDOMEN & PELVIS
- PHYSICIAN CONSULTATION
- ➢ SURGEON CONSULTATION
- > ORTHOPEDIC SURGEON CONSULTATION
- DIETICIAN CONSULTATION
- ➢ GYNAECOLOGIST CONSULTATION



www.nidhihospital.org

Healthy - isn't a goal, it's a way of living

- NIDHI GOLD MAN 9000/
- > CBC
- FBS & PPBS
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- S.CALCIUM
- ELECTROLYTES
- > INFECTIOUS DISEASE
- > TSH, PSA
- ➤ HbA1C
- ➢ VIT B12
- BMI TEST

- ➢ VIT D3
- > URINE<
- > URINE MICROALBUMINURIA
- ➢ PFT, ECG
- > TMT
- ➢ 2D ECHO
- > X-RAY CHEST PA
- > USG ABDOMEN & PELVIS
- PHYSICIAN CONSULTATION
- SURGEON CONSULTATION
- DIETICIAN CONSULTATION

NIDHI GOLD WOMAN 9000/

- ≻ CBC
- > FBS & PPBS
- LIPID PROFILE
- KIDNEY PROFILE LIVER PROFILE
- > S.CALCIUM
- > ELECTROLYTES
- > PAP SMEAR
- > INFECTIOUS DISEASE
- ➤ TSH
- ➤ HbA1C
- VIT B12
- BMI TEST

- > VIT D3 > URINE<
- URINE MICROALBUMINURIA
- > PFT, ECG
- > TMT
- ➢ 2D ECHO
- > X-RAY CHEST PA
- USG ABDOMEN & PELVIS
- PHYSICIAN CONSULTATION
- SURGEON CONSULTATION
- > DIETICIAN CONSULTATION
- GYNAECOLOGIST CONSULTATION

9000/



NIDHI OBESITY

- ≻ CBC
- LIVER FUNCTION TEST
- ➤ TSH
- KIDNEY FUNCTION TEST
- > URINE ANALYSIS
- ➢ LIPID PROFILE
- ➢ GTT/HbA1c
- ➢ VIT B12
- > VIT D3
- IRON

- ➢ S.CALCIUM
- > ECG
- > X-RAY CHEST PA
- USG ABDOMEN & PELVIS
- ➢ 2D ECHO
- ≻ TMT
- ➤ S. INSULIN
- > C PEPTIDE
- PHYSICIAN CONSULTATION
- SURGEON CONSULTATION
- ORTHOPEDIC SURGEON CONSULTATION
- > DIETICIAN CONSULTATION





6



Your Happiness is reflection of your health

NIDHI SPECIAL GASTRO - MAN 30000

- > CBC
- > DIABETIC PROFILE
- LIPID PROFILE
- > KIDNEY PROFILE
- > LIVER PROFILE
- > S.CALCIUM
- ELECTROLYTES
- HORMONES > PFT, ECG

- > TMT, 2D ECHO > X RAY CHEST PA
- USG ABDOMEN & PELVIS
- > CT ABDOMEN & PELVIS
- UGI ENDOSCOPY
- > COLONOSCOPY
- PHYSICIAN CONSULTATION
- > INFECTIOUS DISEASE > SURGEON CONSULTATION
 - DIETICIAN CONSULTATION
 - ➤ 1 DAY STAY

(30000/-NIDHI SPECIAL GASTRO WOMAN

- > CBC
- > DIABETIC PROFILE
- > LIPID PROFILE
- > KIDNEY PROFILE
- > LIVER PROFILE
- S.CALCIUM
- ELECTROLYTES
- > PAP SMEAR
- INFECTIOUS DISEASE
- HORMONES
- ➢ PFT, ECG

- > TMT, 2D ECHO
- X RAY CHEST PA
- USG ABDOMEN & PELVIS
- > CT ABDOMEN & PELVIS
- UGI ENDOSCOPY
- > COLONOSCOPY
- PHYSICIAN CONSULTATION
- SURGEON CONSULTATION
- DIETICIAN CONSULTATION
- ➤ 1 DAY STAY

NIDHI SPECIAL NRI-MAN (40000)

- > CBC
- > DIABETIC PROFILE
- LIPID PROFILE
- KIDNEY PROFILE
- > LIVER PROFILE
- S.CALCIUM
- ELECTROLYTES
- ➤ HORMONES
- > PFT, ECG
- > TMT, 2D ECHO

> CT BRAIN

- > CT THORAX
- > CT ABDOMEN & PELVIS
- > USG ABDOMEN & PELVIS
- > X RAY CHEST PA
- UGI ENDOSCOPY
- COLONOSCOPY
- INFECTIOUS DISEASE > PHYSICIAN CONSULTATION
 - SURGEON CONSULTATION
 - DIETICIAN CONSULTATION
 - > 1 DAY STAY

NIDHI SPECIAL NRI-WOMAN 40000

- > CBC
- > DIABETIC PROFILE
- > LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- > S.CALCIUM
- > ELECTROLYTES
- > PAP SMEAR, HORMONES
- ➢ INFECTIOUS DISEASE
- PFT, ECG
- > TMT, 2D ECHO

- CT ABDOMEN & PELVIS
- > USG ABDOMEN & PELVIS
- BIL. MAMMOSONOGRAPHY
- > X RAY CHEST PA
- UGI ENDOSCOPY
- > COLONOSCOPY
- PHYSICIAN CONSULTATION
- > DIETICIAN CONSULTATION
 - GYNAECOLOGIST CONSULTATION
 - > 1 DAY STAY

www.nidhihospital.org







7

- CT BRAIN CT THORAX

SURGEON CONSULTATION

Your Body is your most priceless possession, Do take care of it EMPANELLED INSURANCE COMPANIES & TPAS.



www.nidhihospital.org