




## MANEK ISHITA LALCHAND

Internship

 manekishi97109@gmail.com

 7096312313

 A-1, Sindhu Flats, Bungalow  
Area, Kubernagar, Ahmedabad

## TECHNICAL SKILLS

Have learned some of the  
computer skills...

60%

## INTERESTS

Yoga

Meditation



## CAREER OBJECTIVE

Seeking a position as a clinical practice assistant for health maintenance organization, utilizing my award-winning writing, research, and leadership skills. Seeking a position as a medical officer or assistant medical officer.



## EXPERIENCE

### G.J.PATEL AYURVEDIC COLLEGE AND RESEARCH CENTER

Internship

01/01/2019 - 30/06/2019

Intern

### Bhalej PHC

Internship

01/07/2019 - 31/12/2019

Intern



## EDUCATION

### G.J.PATEL AYURVEDIC COLLEGE AND RESEARCH CENTER

AYURVEDIC

52%

2018

### Infocity junior science college

12th standard

75%

2013

### St.Mary's school

10th standard

75.6%

2011

## PERSONAL STRENGTHS

Able to communicate easily...  
Have a good adaptability  
Have a good tolerance power



## ACHIEVEMENTS & AWARDS

Certificate for Singing competition (by YMCA INTERNATIONAL CENTRE, AHMEDABAD (2008))

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Certificate for Singing competition (third prize) for group song in 10th standard(2010-2011)

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Certificate for mimicry(1st prize) on annual function (20th April,2017)

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Certificate for poetry writing (2nd position) in the university level

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Certificate for personality development (3rd year)

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Certificate for participating in shirodhara carnival 2016(attempt for guinness world record of 1111 shirodhara at a time)

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Certificate for PRATHAMA YOGA-NISARGOPACHARA SHIBIR FROM 8/02/16-12/02/16)

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Certificate for duet song competition (2nd prize) on annual day (12/02/14)

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Certificate for participating in essay competition held at all india level in ASHTANG AYURVED MAHAVIDYALAYA ,PUNE)

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Certificate for participation during Research Training Workshop of A for Ayurveda (4/11/2015)



## ACTIVITIES

Traveling Blog writing



## PERSONAL PROFILE

Date of Birth : 22/07/95

Marital Status : Single

Nationality : Indian

Known Languages : English,hindi, Gujarati,sindhi,german

Hobby : Singing Dancing Drawing Mimicry



## DECLARATION

I here by declare that the details mentioned in my resume are correct to the best of my knowledge and belief.I bear the responsibility of any error or mistake in the data if occurs in the future.

Date : 16/12/2019

Place : Ahmedabad

**MANEK ISHITA LALCHAND**