**CURRICULUM VITAE**

**OBJECTIVE**: To work in an environment which allows me to utilise my skills in administration and management as well as provide my services as an expert Wellness Coach.

**SUMMARY OF QUALIFICATION AND EXPERIENCE**

* Worked extensively in ICU for 5 years in Mumbai.
* Practiced for 20 years in Mumbai and possess great knowledge and experience of handling all types of Medical emergencies.
* Experience in Hospital & Fitness Administration and Management
* Working Knowledge of Medical Tourism
* More than 20 years of experience working as freelance Fitness & Nutrition coach
* Certified Life Coach
* Training the Trainers for International fitness Certification

**CORE QUALIFICATION**

* Bachelor in Homeopathic Medicine & Surgery
* Diploma in Nutrition and Health Education
* Diploma in Cosmetology
* Diploma in Trichology
* ACE certified Advance Health and Fitness specialist
* ACE certified Lifestyle & Weight Management Consultant
* Certified Personal Trainer- Progressive Fitness; USA.
* Certified yoga instructor
* Certificate in Sports and Fitness Supplementation, Progressive Fitness: USA.
* Certified Life Coach

**PROFESSIONAL EXPERIENCE**

* Presently working with Heritage TPA Pvt. Ltd. at Ahmedabad since Nov’2017.
* Consulting Wellness Coach
* 15 years of experience in Medicine as a Family Physician from 1992 to 2006.
* 5 years of working experience as R.M.O in various Hospitals

1. K.H.I Institute – 500 bedded hospital in Ghataprabha, Karnataka. Worked as interns for 6 months from Aug’1989 to March’90
2. Suchak Multi-specialisty Hospital from April’1990 to Nov’1990
3. Evershine Nursing Home from Jan’1991 to Jan’1992
4. Manisha Nursing Home – 6 months
5. Suvarna General Hospital – from Jan’91 to May’91
6. Patel Nursing Home – July’2006 to Mar’2008

* 1 ½ years of experience working as Hospital Administrator.

1. Shree Sai Clinic
2. Sanchaiti Hospital
3. Life care Hospital & I.C.C.U

* Own and manages Pulse fitness studio (2002 – 2010).
* Own and manages Pulse positive health and weight loss center (2009).
* Branch Manager at LIFE FITNESS POINT, Ahmedabad.– Jan 2011 – July 2013
* Private Clinical Practice **–**  SKIN, HAIR & WEIGHT LOSS CLINIC - Nov 2013 till date
* Extensive experience in exercise and nutrition programming for the most common diseases and disorders seen on a regular basis such as obesity, cardiovascular, pulmonary, metabolic and musculo-skeletal problems.
* Visiting Diet counselor in Local Hospitals and Nursing Home.
* Fitness awareness through fitness articles published in local medical association magazines

**FACULTY** – Training the trainers for ACE & ACSM personal trainer certification.

BFY Sports and Fitness Institute in 2009.

**ADDITIONAL QUALIFICATION:**

* Computer Skills (MS Office Word, Excel, Power-point)
* English Typewriting

**ADDITIONAL SOFT SKILLS:**

* Fluency in spoken English
* Adaptability to new environments
* Excellent Team member
* Leadership skills
* Positive attitude towards work
* Profound ability to appear on time for work and notify the appropriate individual in advance if unable to work.
* Immense ability to establish and maintain an effective working relationship with other employees and the public.
* Excellent communication skills and great ability to follow and give oral and written instructions.
* Uncommon ability to work flexible hours with some weekend and holiday work.

**NAME & ADDRESS**:

DR. VIPUL.N. TRIVEDI

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Near Mehta Chavana, Jawahar nagar,

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MARITAL STATUS: Married

RELIGION: Hindu

NATIONALITY: Indian

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**EMAIL ID**:

[trivedi77@gmail.com](mailto:trivedi77@gmail.com).

**DATE OF BIRTH**: 09/02/1966

**OTHER INTERESTS**: Music, Reading, Sports

I certify that the statements made by me in this application are true, complete, and correct to the best of my knowledge and are made in good faith.



(Vipul Trivedi)