Dr. Kavita R. Parmar

Contact Details

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Objective

Seeking a position to start my career in hospitality sector for the mutual growth and profit where I could get learning environment.

Educational Background

•	 BAMS (Bachelor of Ayurvedic Medicine and Surgery) B.M.K. Ayurveda Mahavidyalaya, K.L.E. University, BELGAUM, KARNATAKA Percentage: 68.4% 	2011-2016
•	PGDEMS (POST GRADUATE DIPLOMA IN EMERGENCY MEDICAL SERVICES)	2017-2018
	 Symbiosis institute of health sciences, Symbiosis international university ,PUNE ,MAHARASTRA GPA :- 8.54 	
•	Higher Secondary Certificate (10+2) L. K. Desai High School, Navsari Gujarat Higher Secondary Education Board, Gandhinagar, Gujarat Percentage: 69 %	2011
•	Secondary School Certificate (Standard: 10) R.D. Patel School Gujarat Secondary Education Board, Gandhinagar, Gujarat Percentage: 74.15%.	2009
	Medical Registration	

Permanent Registration from Gujarat – **Registration number – 21172**

Experience Description

- As AYUSH Medical officer in PRIMARY HEALTH CENTRE . (NOLI, TA:-SAYLA, DI:-SURENDRANAGAR.)
- As clinical assistant in Surya Sahyadri hospital private limited . (PUNE).

Trainings Undertaken

- 365 days training from K.L.E. Ayurveda hospital.
- **EMS training** at Symbiosis International University at SIHS, Pune under **PGDEMS course**. Batch March-2017,
- Key learning.
 - Ward duties
 - Assisting the senior doctor for patient's check-up.
 - Taking OPD / ayurvedic consultation
 - Procedures like IM/IV, cathetarisation, dressing, simple suturing
 - In case of emergency performing basic treatment.
 - Performing patient's check-up under guidance of senior Doctor.
 - Checking the reports of patients.
 - Taking follow up from the nurses about regular treatment and dose of the patients.
 - Expertise in performing panchakarma procedures.
 - Expertise in preparation of medicines for panchakarma, diet planning.

Key Skills

- Polite and Soft in nature.
- Good verbal and written communication skills.
- Good command over handling the medical equipments.
- Punctual.
- Disciplined.

Extra-Curricular Activities

- Attended international conference on shalakya manthana (ENT) 2015
- Presented seminars on case presentations, investigations and formulations
- Attended bridge course on Khanija-2013
- Attended 7 days sanskrita workshop on the occasion of sanskrita dinotsava 2012
- Represent the college for table tennis at intercollege competition.
- Represent the college for sketching at intercollege competition.
- Participated in free check-up camp (NNS camp) for the poor people in many villages.

Hobbies

- Serving the poor and needy people.
- Painting
- Sketching
- Singing
- Listening Music.
- Interacting with people.

Personal Details

Date of birth: 29/11/1993 **Languages known:** English, Hindi, Gujarati

Acknowledgement

I Kavita Parmar hereby declare that all the information provided here is right as per my knowledge.

Yours sincerely,

Kavita R. Parmar