











NIDHI HOSPITAL WELLNESS CENTRE

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Health is basically defined as the functional or metabolic efficiency of a living organism. In humans, it is the general condition of a person's mind and body, usually means free from illness, injury or any kind of pain as in "good health" or "healthy".

The World Health Organization (WHO) defined health in its broader sense in 1946 as "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity."

Our body is a complex system working continuously like a machine. And its our responsibility to take care of it.

Thanks to the advancements of modern medicine, people around the world are living much longer lives. And now the goal of medicine is not just to improve the longevity of life but its quality as well.

Just like investing in a retirement fund, it is extremely important to invest in your health today in order to enjoy a healthy and productive life in your later years. Of course, unexpected circumstances are part of life and often unavoidable. Sometimes sudden accidents and illnesses can hamper our ambitions and seriously reduce our quality of life. For this reason, it is extremely important for us to do everything in our means to mitigate the risks of the unknown.

By educating ourselves as much as we can about our health and taking the proper measures to take care of our bodies, we can greatly increase our chances of avoiding or at least correcting and managing health problems as soon as they begin to surface.

Therefore, by investing today in tomorrow, we can transform the unknown and unexpected into the known and managed.

Nidhi Hospital undertakes the responsibility to prevent and cure health problems and promote good health in humans compiling by its motto of "Adding Health to life"

Health Check-ups are extremely important. It helps you find out if you have a particular disease or condition even if you feel perfectly well, without any symptoms and/or signs of disease. Early detection, followed by treatment and good control of the condition can result in better outcomes, and lowers the risk of serious complications. It is therefore important to get yourself screened even if you feel perfectly healthy.

Health check-ups or health screening involves the use of tests, physical examinations or other procedures to detect disease early in people who look or feel well. This is different from diagnostic tests which are done when someone is already showing signs and/or symptoms of a disease.

Moving a step ahead for a healthy life, Nidhi Hospital presents variety of Health check plans at affordable rates.

NIDHI EXPRESS

800/-

- > CBC -ESR
- **>** SGPT

> FBS

- ➤ ECG
- > BLOOD GROUP
- > DOCTOR CONSULTATION
- > URINE ROUTINE
- > CONSULTATION-DENTIST
- > S. CHOLESTEROL
- > CONSULTATION-DIETICIAN
- > CREATININE



NIDHI CARDIAC

1300/-

- > CBC -ESR
- > X-RAY CHEST
- > FBS > LIPID PROFILE
- > DOCTOR CONSULTATION > CONSULTATION-DENTIST
- **➤ ECG**
- > CONSULTATION-DIETICIAN

➤ TMT



NIDHI BASIC

1500/-

- **≻** CBC
- > TSH, CALCIUM
- > FBS / PPBS > LIPID PROFILE
- > ECG, X-RAY CHEST > CONSULTATION - PHYSICIAN

- > S. CREATININE
- ➤ SGPT
- > CONSULTATION-DENTIST > CONSULTATION-DIETICIAN

NIDHI RHEUMATOID



- > CBC WITH ESR
- > RA FACTOR
- ➤ CRP
- > CONSULTATION PHYSICIAN
- **➤** RBS
- > ANA
- > CONSULTATION-ORTHOPEDICIAN > CONSULTATION-DIETICIAN
- > S.URIC ACID



NIDHI DIABETIC

1650/-

- > FBS / PPBS
- > S. LIPID PROFILE
- ➤ HB A1c
- > DOCTOR CONSULTATION
- ➤ URINE FOR MICRO
- **ALBUMIN**
- > DOCTOR -OPTHALMIC > CONSULTATION-DENTIST
- > S. CREATININE
- > CONSULTATION-DIETICIAN
- DIABETES

NIDHI BONE HEALTH 1600/-



2600/-

- > CBC WITH ESR
- > URIC ACID
- **➤ CALCIUM**
- > PROTEINS
- > BONE MARROW DENSITY
- > CONSULTATION **ORTHOPEDICIAN**



NIDHI ANAEMIA/NUTRITIONAL **DEFICIENCY CHECK UP**

> S. CALCIUM

- **≻** CBC > URINE ANALYSIS
- > S.PROTEINS
- > STOOL ANALYSIS
- > X-RAY CHEST
- ➤ VIT B12
- SONOGRAPHY ABDOMEN
- ➤ VIT D3
- > CONSULTATION PHYSICIAN
- > S.IRON
- > CONSULTATION-DIETICIAN



NIDHI WELL WOMAN 2700/-

- > ECG. X-RAY CHEST
- ➤ CBC > FBS/PPBS
- > SONOGRAPHY ABDOMEN
- **▶** LIPID PROFILE
 - > CONSULTATION PHYSICIAN
- > LIVER PROFILE
- > CONSULTATION-GYNAECOLOGIST > SKELETAL PROFILE > CONSULTATION - DENTIST
- > PAP SMEAR, TSH
- > CONSULTATION-DIETICIAN



- **≻** CBC > TSH, PSA
- > ECG, TMT, X-RAY CHEST > FBS / PPBS
- **➤ LIPID PROFILE** > CONSULTATION - PHYSICIAN
- > KIDNEY PROFILE > CONSULTATION-SURGEON
- ➤ LIVER PROFILE > CONSULTATION-DENTIST > SKELETAL > CONSULTATION-DIETICIAN



NIDHI PRE EMPLOYMENT MALE 2500/-

- > CBC WITH ESR
- > INFECTIOUS DISEASE

- > FBS
- > LIVER PROFILE
- **≻** ECG > X-RAY CHEST
- > KIDNEY PROFILE

> BLOOD GROUP

- > CONSULTATION-PHYSICIAN
- > URINE ANALYSIS
- > CONSULTATION-SURGEON > THYROID FUNCTION TEST > CONSULTATION-OPTHALMIC
 - > CONSULTATION- ENT



NIDHI PRE EMPLOYMENT FEMALE

2500/-

- > CBC WITH ESR
- ➤ FCG

> FBS

- > X-RAY CHEST
- > LIVER PROFILE
- > CONSULTATION-PHYSICIAN
- > KIDNEY PROFILE
- > CONSULTATION-SURGEON
- > URINE ANALYSIS
- > CONSULTATION-OPTHALMIC
- > THYROID FUNCTION TEST > CONSULTATION-GYNAECOLOGIST
- > BLOOD GROUP > INFECTIOUS DISEASE
- > CONSULTATION- ENT

NIDHI BREAST CANCER SCREENING CHECK UP



- > CBC WITH ESR
- SONOGRAPHY OF ABDOMEN

≻ CEA **➤** RBS

- MAMMOSONOGRAPHY
- > X-RAY-CHEST
- > CONSULTATION SURGEON
- > CONSULTATION PHYSICIAN



NIDHI SENIOR CITIZEN 3000/

- ➤ CBC
- > CONSULTATION-PHYSICIAN
- > FBS/PPBS
 - > CONSULTATION ORTHOPAEDICIAN
- ➤ KIDNEY PROFILE
- > CONSULTATION-SURGEON
- > LIVER PROFILE > SKELETAL
- > CONSULTATION-DENTIST > CONSULTATION-DIETICIAN
- > TSH, PSA
- X-RAY CHEST
- > PFT, ECG
- > SONOGRAPHY ABDOMEN



NIDHI CANCER DETECTION MALE

≻ CBC

- ➤ CRP
- > STOOL ANALYSIS
- > THYROID FUNCTION TEST

3000/-

- > TUMOUR MARKERS > X-RAY CHEST
- ➤ PROSTATE CANCER ➤ SONOGRAPHY ABDOMEN
- **MARKER**
- > CONSULTATION-PHYSICIAN
- > URINE ANALYSIS
- > CONSULTATION-SURGEON



NIDHI CANCER DETECTION FEMALE 5000/-

- **≻** CBC
- > THYROID FUNCTION TEST
- > CRP
- > X-RAY CHEST
- ➤ TUMOUR MARKERS ➤ SONOGRAPHY ABDOMEN
- > PAP SMEAR
- > CONSULTATION-PHYSICIAN
- > URINE ANALYSIS
- > CONSULTATION-SURGEON
- > STOOL ANALYSIS
- > CONSULTATION GYNAECOLOGIST



NIDHI OBESITY



9100/-

➤ CBC

- > CALCIUM **▶** ECG
- > LIVER FUNCTION TEST
- > THYROID FUNCTION TEST > X-RAY CHEST
- > KIDNEY FUNCTION TEST
- > URINE ANALYSIS
- > LIPID PROFILE ➤ GTT/HbA1c
- ➤ VIT B 12
- ➤ VIT D3

- > SONOGRAPHY ABDOMEN
- > ECHO CARDIOGRAPHY
- > TREAD MILL TEST
- > CONSULTATION PHYSICIAN
- > CONSULTATION SURGEON
- > CONSULTATION-ORTHOPEDICIAN
- > IRON > CONSULTATION-DIETICIAN



NIDHI GOLD MAN

7500/-

- ➤ CBC > FBS / PPBS
- ➤ VIT B 12 ➤ VIT D3
- ➤ LIPID PROFILE
 - > URINE MICROALBUMINURIA ➤ PFT, ECG
- > KIDNEY PROFILE > LIVER PROFILE
- > TMT 2D ECHO
- > SKELETAL
- > X RAY CHEST, SONOGRAPHY ABDOMEN

7500/-

- > ELECTROLYTES
 - > CONSULTATION-PHYSICIAN
- ➤ INFECTIOUS DISEASE ➤ CONSULTATION-SURGEON > HORMONES
 - > CONSULTATION-DENTIST
- ➤ HbA1C
- > CONSULTATION-DIETICIAN

NIDHI GOLD WOMAN

- ➤ CBC
- ➤ VIT B 12
- > FBS / PPBS
- ➤ VIT D3
- ➤ LIPID PROFILE
- > URINE MICROALBUMINURIA
- > KIDNEY PROFILE
- > PFT, ECG
- > LIVER PROFILE > SKELETAL PROFILE
- > TMT 2D ECHO > X RAY CHEST, SONOGRAPHY ABDOMEN
- **▶** ELECTROLYTES
- > CONSULTATION-PHYSICIAN
- > PAP SMEAR
- > CONSULTATION GYNAECOLOGIST
- > INFECTIOUS DISEASE > CONSULTATION-SURGEON
- **➤ HORMONES**
- ➤ HbA1C
- > CONSULTATION-DENTIST > CONSULTATION-DIETICIAN

➤ COLONOSCOPY

NIDHI COLON CANCER 6350/ SCREENING CHECK-UP

- **➢ CBC**
- > SONOGRAPHY OF ABDOMEN

- ➤ CRP ➤ CEA
- CONSULTATION SURGEON
- > STOOL ANALYSIS







NIDHI SPECIAL GASTRO - MAN

- 20000/-
- ➤ CBC
- > TMT 2D ECHO
- > DIABETIC PROFILE
- > X RAY CHEST, SONOGRAPHY ABDOMEN
- > LIPID PROFILE
- > CT ABDOMEN & PELVIS
- > KIDNEY PROFILE > LIVER PROFILE
- ➤ UGI ENDOSCOPY
- > SKELETAL PROFILE
- **➤ COLONOSCOPY** > CONSULTATION-PHYSICIAN
- > CONSULTATION-SURGEON
- > ELECTROLYTES
- ➤ INFECTIOUS DISEASE ➤ CONSULTATION-DENTIST
- ➤ HORMONES
- > CONSULTATION-DIETICIAN
- > PFT, ECG

NIDHI SPECIAL GASTRO - FEMALE 20000/-

- ➤ CBC
- > DIABETIC PROFILE

- > KIDNEY PROFILE
- > LIVER PROFILE
- > SKELETAL PROFILE
- > ELECTROLYTES
- > PAP SMEAR
- ➤ INFECTIOUS DISEASE
- ➤ HORMONES
- > LIPID PROFILE
- **▶ UGI ENDOSCOPY** > COLONOSCOPY

> CT BRAIN

> CT THORAX

➤ UGI ENDOSCOPY

➤ COLONOSCOPY

> TMT 2D ECHO

> CONSULTATION-PHYSICIAN

> CT ABDOMEN & PELVIS

- CONSULTATION-SURGEON > CONSULTATION-DENTIST
- > CONSULTATION-DIETICIAN
- > PFT, ECG



23000/-NIDHI SPECIAL NRI-MAN

> X RAY CHEST, SONOGRAPHY ABDOMEN

> X RAY CHEST, SONOGRAPHY ABDOMEN

- ➤ CBC
- > DIABETIC PROFILE
- > LIPID PROFILE > KIDNEY PROFILE
- > LIVER PROFILE
- > SKELETAL PROFILE
- > ELECTROLYTES
- > INFECTIOUS DISEASE
- > PFT, ECG > TMT 2D ECHO
- > HORMONES
- > CONSULTATION-PHYSICIAN > CONSULTATION-SURGEON

> CT ABDOMEN & PELVIS

> CONSULTATION-DENTIST > CONSULTATION-DIETICIAN 24000/-



NIDHI SPECIAL NRI-WOMAN

- ➤ CBC
- **➤ DIABETIC PROFILE** > LIPID PROFILE
- > KIDNEY PROFILE
- > LIVER PROFILE
- > SKELETAL PROFILE
- > ELECTROLYTES
- > PAP SMEAR, HORMONES
- > INFECTIOUS DISEASE > PFT, ECG
- > TMT 2D ECHO

- > X RAY CHEST, SONOGRAPHY ABDOMEN > BIL. MAMMOSONOGRAPHY
- > CT BRAIN
- > CT ABDOMEN & PELVIS
- CT THORAX
- UGI ENDOSCOPY
- ➤ COLONOSCOPY
- > CONSULTATION-PHYSICIAN
- > CONSULTATION GYNAECOLOGIST
- CONSULTATION-SURGEON
- > CONSULTATION-DENTIST
- > CONSULTATION-DIETICIAN
- Today's life style is very hectic, extended working hours and irregular eating habits make us prone to lot of Physical and Mental problems.

Nidhi Hospital is striving hard to make you achieve the optimum health for your well-being. Come and join us in this endeavour and we promise you a healthy future.





AFFORDABLE RATES IN NO SURCHARGES CASHLESS MEDICLAIM & PPN PACKAGES AVAILABLE

FOR MAJOR INSURANCE & TPA COs.

BEST PRACTICES & QUALITY SERVICES









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સ્ટેડિયમ કોમર્સ રોડ, નવરંગપુરા,અમદાવાદ-૩૮૦ ૦૦૯ होन : ०७८-४०२३ २१२१/२५,२५४२ ५५३१, २५४२ ५५५१ મો. : +૯૧ ૯૮૯૮७ ૪૨૧૨૧













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